



Week

Sunday March 22, 2020

Ice Breakers

1. What's your favorite board game to play?
2. What's your favorite movie or show on Netflix?

Message: “Strength in the Rain”

Scripture:

Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock. But everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on sand. The rain came down, the streams rose, and the winds blew and beat against that house, and it fell with a great crash.” When Jesus had finished saying these things, the crowds were amazed at his teaching, because he taught as one who had authority, and not as their teachers of the law.

-Matthew 7:24-29 (NIV)

Questions

1. What stood out to you from Pastor Wes' message on "Strength in the Rain" and the spiritual disciplines? **Did God speak something to you during the message?**
2. Matthew 7 teaches us that rain comes whether you build your life on the rock or on the sand. Hard times come to the godly and the ungodly. Building your life on the rock doesn't always change the beginning but it can always change the ending. **Describe a season in your life that started with rain, but looking back, you see how God brought good out of it.**
3. "Do not fear" is the most frequent command in scripture as it appears over 80 times. Having fear is not a sin, but God wants to deliver us from it. **Name a reoccurring fear in your life you want God to deliver you from.**
4. We often want the life of Jesus without first adopting the lifestyle of Jesus. **What about Jesus' lifestyle seems most difficult for you to understand or live out?**
5. Silence is perhaps the spiritual discipline we talk about the least, and yet in this season we probably need it the most. **How do you feel about silence? Do you like it or loath it? What's the biggest distraction from it in your life?**
6. In prayer, we often spend much time trying to convince God that our plans are the ones he should go with. God wants to hear our requests, as the Bible teaches, but he also wants to help us live in alignment with his will. **What is one area of your life, or one prayer request, you may need to surrender to God?**
7. Meditation is about making your worries face his word until victory. **What is a bible verse or story that you have been or can start using as a tool to help overcome the worries in your life?**
8. Of the rest of the spiritual disciplines: Confession, Journaling, Generosity, Service, Evangelism, Worship, other (there are others) **which comes most natural to you? Which is most difficult for you?**

9. Pray with and for each other. **How can we be praying for you, your relationships, and your faith this week?**

Kid's Devotional + Coloring Page

Use the link below to watch age-specific worship & story experiences with your kids. You'll find videos for Pre-K - Kindergarten (First Look), and 1st - 5th Grade (252 Kids) curriculum.

Worship and story experiences: <https://bit.ly/3a2VBoQ>

After watching the videos, lead your kids in the following activities & discussion questions.

Pre-K - Kindergarten

Supplies: Different colored sheets of construction paper, scissors, markers

Activity:

Trace your child's individual feet on the different sheets of construction paper and cut out multiple sets. Create a path through the house with the feet. Get creative! (Up/down stairs, under a table, etc.)

Encourage your child to follow the path. Then, move the path and do it again. Give them an opportunity to make a path for you to follow as well.

Tell you kids:

"Let's FOLLOW the path! While you are walking the path, be sure to FOLLOW the feet by putting your feet on the feet on the floor. Great job FOLLOWING the path!"

Pray with your kids:

"Dear God, thank You that *(each child's name)* gets to learn about how much You and your son Jesus love them. Thank You that they get to hear that Jesus wants to be their friend forever. I pray that *(each child's name)* will choose to follow Jesus, because He is the best leader and friend we could ever have. We believe He will always lead us in the best way. We love You, God. In Jesus' name, amen."

1st - 5th Graders

Activity:

Fill a pillowcase and as many of the following items as you can find (*let everyone help with gathering items*): coins/pretend coins/play money, backpack, sleeping bag, a stuffed animal pig (*or any other animal that can act as a pig*), sandals or flip flops, a pretend jewelry ring, and a robe

Have each family member take turns pulling an item out of the pillowcase and describing how that item fits into today's Bible story. If you're feeling super creative, use the items to ACT OUT the story with your family! If you have a family pet, let them play the part of the pigs!

Here are the main story points:

- A father had two sons. The younger of the two sons asked his father for his share of the inheritance.
- The father gave the money to his son.
- The son packed up and left home for a faraway country.
- There, the son wasted all of his money.
- The son became so hungry, he took a job caring for pigs.
- The son decided to return home and beg to be let back in as a servant.
- The father ran to meet him, gave him a hug, and gave him the best robe, a ring, and sandals for his feet.
- The father threw a huge party to welcome his son home.

Ask your kids:

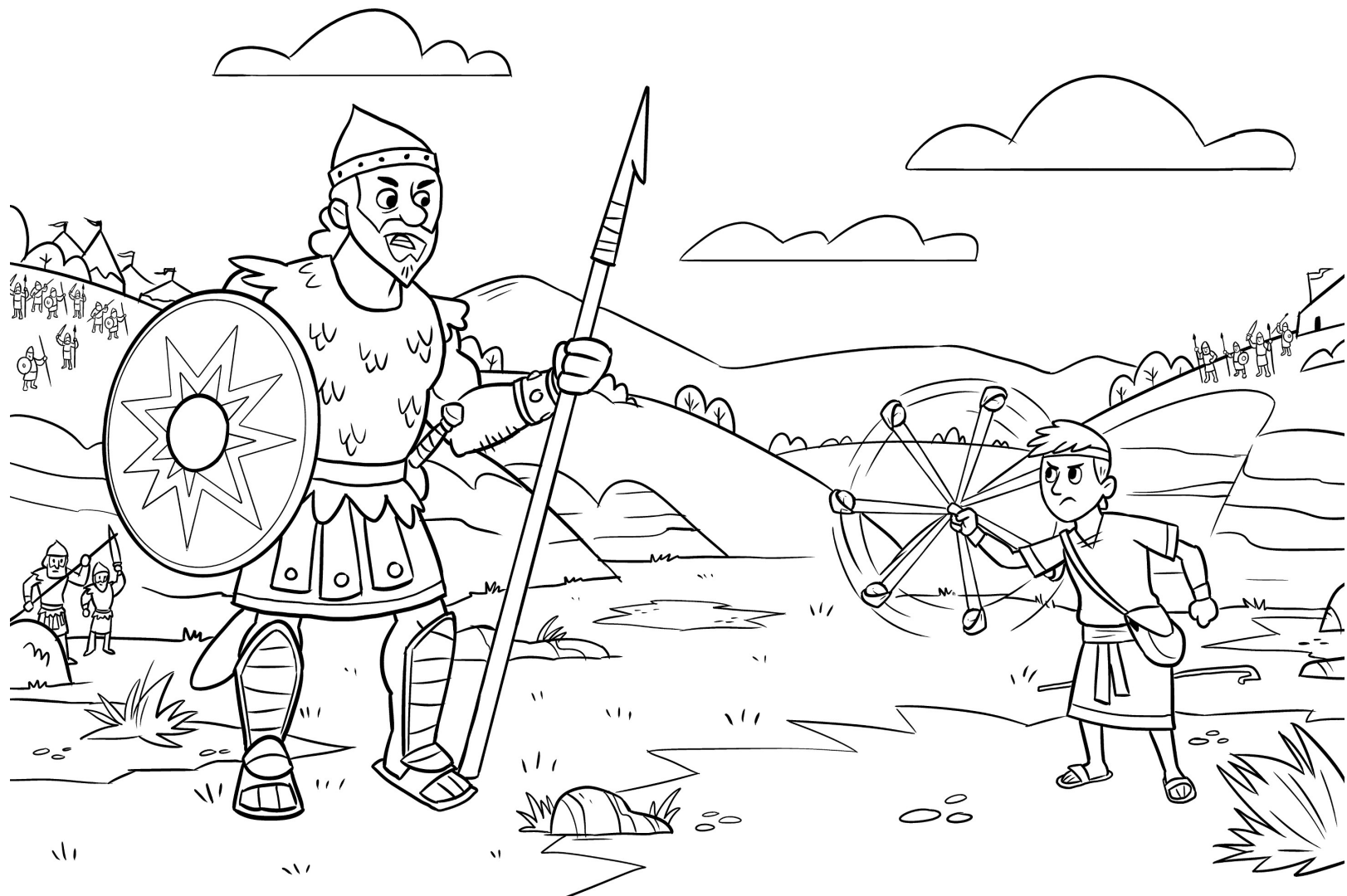
"Why do you think Jesus told this story? How does God, our heavenly Father, act like the father did in this story? (Adults, you can answer this question too!)"

Tell your kids: "It doesn't matter who you are or what you've done, Jesus can forgive you, and we should practice forgiveness too."

Pray with your kids:

"God, thank You for sending Jesus so that we could be forgiven! We know that at some point in life, EVERYONE needs to be forgiven. We don't want to stay angry or bitter, or let those feelings lead us to do something unkind. Help us to choose forgiveness, and give us the strength to forgive. Thank You for showing us how to do that throughout Your Word. We love You. In Jesus' name we pray, amen.

David and Goliath (Coloring Page for Kids)



Upcoming Events

(Please remind your communities of these upcoming events)

Church Online Experience

Date: Sunday, March 29

Time: Sunday on Demand (Online at www.captivatesd.com)